

FIRST STATE GYMNASTICS NATIONAL TRAINING CENTER

Winter 2 Semester 2024

February 12th - April 21st

10 week semester

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Parent Tot Gymnastics Class 18 months - 3 years 50 minute class \$300	9:00-9:50	10:00-10:50 Paige		10:00-10:50 Paige	9:00-9:50 Kayla	9:00-9:50 10:00-10:50 11:00-11:50	9:00-9:50
Mini Bees Gymnastics Class 3-4 years old 50 minute class \$320	10:00-10:50 5:00-5:50 6:00-6:50 5:10-6:00 6:10-7:00 4:30-5:20	9:00-9:50 5:00-5:50 6:00-6:50 4:30-5:20 6:10-7:00	9:00-9:50 10:00-10:50 5:00-5:50 6:00-6:50 6:10-7:00	5:00-5:50 6:00-6:50	10:00-10:50 5:00-5:50 6:00-6:50	8:10-9:00 9:00-9:50 10:00-10:50 11:00-11:50 9:15-10:05 10:10-11:00 12:00-12:50	9:00-9:50 10:00-10:50 11:00-11:50
Sensory Safe Play 4-7 years old 50 minute class \$320			8:00-8:50 Kayla				
Tumble Bees Gymnastics Class 4.5 - 6 years old 1hr class \$330	5:00-6:00 6:10-7:10 5:15-6:15 7:00-8:00	5:00-6:00 6:10-7:10 5:10-6:10 6:20-7:20	5:00-6:00 6:10-7:10 7:00-8:00	5:00-6:00 6:10-7:10 5:10-6:10	5:00-6:00 6:10-7:10	9:00-10:00 10:10-11:10 11:15-12:15 9:30-10:30 12:20-1:20	9:00-10:00 10:10-11:10 11:15-12:15
Intermediate Tumble Bees 4.5-6 years old 1 hr class \$330 **Must have evaluation to enroll**	5:30-6:30		5:00-6:00				
Beginner Gymnastics Class 7-11 years old 1hr class \$330	5:00-6:00 6:10-7:10 6:30-7:30	5:00-6:00 6:10-7:10 7:20-8:20 5:30-6:30	5:00-6:00 6:10-7:10 7:15-8:15	5:00-6:00 6:10-7:10 7:00-8:00	6:10-7:10 5:10-6:10 6:20-7:20	9:00-10:00 10:10-11:10 11:15-12:15 12:00-1:00	9:00-10:00 11:15-12:15
Intermediate Gymnastics Class 1hr class \$330	5:00-6:00 6:10-7:10	5:00-6:00 6:10-7:10 6:45-7:45	5:00-6:00 6:10-7:10 7:15-8:15	5:00-6:00 6:10-7:10	5:00-6:00 6:10-7:10	10:40-11:40	10:10-11:10
Teen Gymnastics Class 11 & Up 1hr class \$330		7:20-8:20		7:20-8:20			
Advanced Gymnastics Class 1 hr class \$330	7:15-8:15		7:15-8:15		7:15-8:15	9:00-10:00	
Ninja Warrior Boys & Girls 5-7 Ninja & Gymnastics 50 min class \$350	5:00-5:50 6:10-7:00	5:10-6:00	5:00-5:50 6:00-6:50	5:10-6:00	5:10-6:00	9:00-9:50 11:00-11:50	9:00-9:50 10:00-10:50
Ninja Warrior Boys & Girls 8 & Up Ninja & Gymnastics 50 min class \$350	5:10-6:00 6:00-6:50	6:10-7:00	6:10-7:00	6:10-7:00 7:10-8:00	6:15-7:05	10:00-10:50	11:00-11:50 12:00-12:50
Advanced Ninja Warrior 60 min class \$375			7:15-8:15				
Tumbling Class Boys & Girls 60 min class \$330	5:00-6:00 (7-11 years old)		5:10-6:10 (12-18 years old)	7:20-8:20 (7-12 years old)			
Advanced Tumbling Boys & Girls 60 min class \$330 **requirement: Back handspring**	6:10-7:10		6:20-7:20				

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Terms and Policies

Annual Membership

Due at time of registration. This fee (\$35.00 — per person, \$55.00 per family) is not included in the class fee.

Class Tuition Fee

The semester tuition fee is for 10 weeks and must be paid in full upon enrollment. The semester fee will be pro-rated for students beginning after the first week of the semester.

Payments

We offer a variety of payment options: MASTERCARD, VISA, DISCOVER or cash. Following the first week of classes, only in the event of injury with the submission of a doctor's note will a refund or credit be given. If a schedule conflict arises, we will try our best to transfer your child to a different class.

Discounts

We offer a 10% discount for additional family members. In addition, any child attending a second class per week receives a 10% discount on the second class. The annual registration fee is not discounted.

Class Make Up Policy

Class tuition pays to reserve placement in a specific class. Students may NOT make-up lessons in another class. If you miss a class for any reason, a makeup open gym may be attended. Make up open gym will only be offered after a class is missed. No credits or refunded tuition will be given. First State Gymnastics will honor ONE make-up per session. Make-ups must be arranged within the same session as the absence.

What to Wear

Athletes should wear leotards or t-shirt with shorts. No socks or jewelry. Gymnasts with long hair should tie up hair securely. Leotards are available for purchase in our gym pro-shop. No food, drinks or gum is permitted in the gym.

Lost and Found

We keep lost items in our facility for two weeks. After two weeks, items are donated to local charities. First State Gymnastics is not responsible for lost or stolen items.

Instructors

Instructors are subject to change.

www.firststategymnastics.com Instagram @fsgym
131 John F Campbell Newark DE 19711
Phone (302) 368-7107 Fax (302) 368-7105